



Navy Operational Support Center

910 Hancock Ave NAS Lemoore, CA 93246-5018

Plan of the Month

January 2007

"Support to the Fleet.....Ready and Fully Integrated."

Commanding Officer
CDR B. C. BRETHEN

Executive Officer
LCDR B. C. CARROLL

COMMAND CHIEF
COMMAND TRAINING LEADING CHIEF
COMMAND CAREER COUNSELOR
COMMAND DAPA
GRIEVANCE/READINESS COUNSELOR
COMMAND OMBUDSMAN

YNC(AW) LAROCHE
DCC(SW) BRANDES
PS2 INGEL
YN1 MERKEL
SK1 SCHORY
MRS. GODFREY

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KNOW ITS CONTENTS

NOSC LEMOORE BUSINESS HOURS

MONDAY - FRIDAY: 0730-1630*

***NOTE: THE SUPPORT CENTER WILL BE CLOSED ON ALL FEDERAL HOLIDAYS.**

IMPORTANT NUMBERS

DOD FRAUD WASTE AND ABUSE HOTLINE.....(800)424-9098

Email: hotline@dodig.osd.mil

DON EQUAL OPPORTUNITY/SEXUAL HARASSMENT

HOTLINE.....(800)253-0931

Email: mil_navy_eo_advice@navy.mil

NOSC Lemoore Toll Free Number.....(866)799-4244

NOSC Lemoore Fax.....(559)998-3769

NOSC Lemoore Duty Phone.....(559)960-3228

NOSC Lemoore Quarterdeck Phone.....(559)998-3778

ENLISTED RECRUITERS: LEMOORE: 998-6039; FRESNO: 445-2118

OFFICER RECRUITER: LCDR PICKETT (510)867-7348; Email: christina.pickett@navy.mil

OMBUDSMAN Phone.....(559)867-3518

UNIFORM OF THE DAY

RANK

Officers/CPO's

Enlisted E1-E6

Seabees/Security/SPECWAR

PRESCRIBED

Winter Blues

Winter Blues

BDU

ALTERNATE

Khaki

Working Utilities

BDU

FTS SOY

PS1(AW) BARRERA

RESERVE SOY

AOC CORNELL

FTS SOQ

AM1 YEHL

RESERVE SOQ

HM1 LEQUIA

CONGRATS!

FTS BJSOY

YN3 SCHAWA

RESERVE BJSOY

AE3 LAIRD

FTS BJSOQ

YN3 SCHAWA

RESERVE BJSOQ

HM3 HARRIS

FY 07 DRILL SCHEDULE

JANUARY 6/7, FEBRUARY 10/11, MARCH 3/4,
APRIL 14/15, MAY 5/6, JUNE 2/3,
JULY 7/8, AUGUST 4/5, SEPTEMBER 8/9

DEPARTMENT POC'S

EXECUTIVE OFFICER	LCDR CARROLL	bret.c.carroll@navy.mil	998-3773
COMMAND CHIEF	YNC(AW) LAROCHE	yesenia.laroche@navy.mil	998-3771
COMMAND OMBUDSMAN	MRS. GODFREY	nrc1_ombudsman@sbcglobal.net	867-3518

ADMIN	YN1 MERKEL	judy.merkel@navy.mil	998-3777
	YN2 ANTHONY	jennifer.anthony@navy.mil	998-4903
	YN2 REGIS	carmen.regis@navy.mil	998-3776
	YN3 SCHAWWE	marianne.schawe@navy.mil	998-3755
	YNSN TATUM	christopher.r.tatum@navy.mil	998-3810

TRAINING	DCC(SW) BRANDES	aaron.brandes@navy.mil	998-3757
	AM1 YEHL	paul.yehl@navy.mil	998-3780
	HT2 BOSWELL	christina.boswell11@navy.mil	998-3758

MANPOWER	PS1 JORDAN	sara.jordan@navy.mil	998-3754
	PS1(AW) BARRERA	denny.barrera@navy.mil	998-3754
	PS2(SW) INGEL	david.ingel@navy.mil	998-3775
	PSSA SALEHFUENTES	ruby.salehfuentes@navy.mil	998-3756

MEDICAL	HM1 VALDEZ	laura.j.valdez@navy.mil	998-3781
	HM3 MANZANO	cristobal.manzano@navy.mil	998-3763

SUPPLY	SK1 SCHORY	sharon.schory@navy.mil	998-4103
	SK3 PAGAS	jamespanos.pagas@navy.mil	998-3752

UNITS ASSIGNED

NAF ATSUGI
VFA-125 FRS
CHINHAE DET 1
OHSU DET C
NSW DET LEMOORE
VTU 2002
CART TM III DET C
NSF LEMOORE
NCFSU 2 DET C
OSU 1901
4 MAW MWSS 473A

CO/OIC

LCDR B. DOMBROWSKY
CDR A. FALKENBERG
LCDR R. RAVANPEY
CDR J. GARCIA
BM1 S. SCHUBERT
CDR V. PAGANO
LT J. ATILANO
LT P. KIM
CMC R. COTTER
VACANT
VACANT

CO'S CORNER

Happy New Year! I look forward to seeing everyone after the holidays, and hope that you have all enjoyed the spirit of the season. The Holiday Party was a big hit - we had more than 100 people in attendance, including some of our deployed Sailors' spouses. I'd like to personally thank the Seabees, Security Det and of course our MWR committee for their hard work making the party such a success. We also had a gift exchange and visit from Santa Claus for the children of our deployed Sailors on Saturday the 16th. It was something special to see all the little eyes light up when Santa came in! Thank you Hillary and YNC Laroche for making that little bit of joy possible.

No doubt that 2007 will bring many new challenges as we continue to support the conflicts in Iraq and Afghanistan. We have two more Sailors mobilizing in January - thank you both for volunteering! There are even more volunteers preparing for February too. It will indeed be a busy year.

One of my most important goals for 2007 is to improve our support of deployed Sailors and their families. Our wonderful Ombudsman, Hillary Perez-Godfrey has been a steadfast pillar of support to our families. She, the Command Chief, YNC (AW) Laroche and I have discussed some things that we can work on in order to better care for our Sailors and their loved ones.

The first effort is combining our Family Readiness Group with NAS Lemoore's. Lemoore's active duty Sailors also deploy on Individual Augmentation (IA) assignments, and their families struggle with the same challenges that ours face. To help our families meet each other, share thoughts and feelings, and to provide a means to communicate concerns to the Navy, we have a potluck dinner scheduled for January 10th at 6 pm. All of our deployed Sailors' spouses and their families are invited. My wife and I will be there too. We look forward to seeing you soon!

ADMIN

YN1 MERKEL

YN2 ANTHONY

YN2 REGIS

YN3 SCHAW

YNSN TATUM

1. TRAINING SCHEDULE:

Saturday, 6 January 2007

Course	Time	Room	Instructor
INDOC	0730-1600	NOSC Classroom 114	N/A
Unit Career Counselor Training	1300	Conference Room	PS2 Ingel

Sunday, 7 January 2007

Course	Time	Room	Instructor
Unit Chiefs and Training Coordinators Meeting	0900	Conference Room	N/A
INDOC	1100-1600	NOSC Classroom 114	N/A
First Class Meeting	1300	Conference Room	N/A

2. FITREPS/EVALS SCHEDULE:

Month	Officers	Enlisted
January	03	N/A
February	02	N/A

MIDTERM COUNSELING:

Officers	Enlisted
06	E3/2/1
05	N/A

MANPOWER

PS1(AW) BARRERA

PS2(AW) INGEL

PS3 GREENETZ

PSSA SALEHFUENTES

1. **UNIT MUSTER "BY DIRECTION" LETTERS:** The Manpower department will be needing updated "By direction" letters signed by the unit CO. These letters will be for signing unit muster forms, approving reschedule drills, and additional IDT drills. Please see PS3 Greenetz to request a template, if needed. The following units still need to provide "By direction" letters:

CART F501
OHSU SD DET C

2. **FEBRUARY RESERVE ADVANCEMENT EXAM:**

a. A Time-In-Rate Eligibility Report with listed discrepancies has been given to all Unit CO's and CPO's. Any questions or concerns can be directed to PS3 Duffy at (559) 998-4008

b. The advancement exam is scheduled for Sunday, 11 February 2007 at the Operations side galley. Doors will open at 0715.

3. **HAIL:** Welcome aboard PS1(AW) Jordan. We hope that your tour will be an enjoyable one! *Your Manpower Team!*

4. **FAREWELL:** Fair winds and following seas to PS1(AW) Barrera PS3 Greenetz. You will definitely be missed. Thank you for all your hard work and all the memories. *Your Manpower Team!*

TRAINING

DCC(SW) BRANDES

AM1 YEHL

HT2 BOSWELL

1. **UNIT TRAINING:** Unit Chiefs and Training coordinators will meet on Drill Weekend Sunday at 0900 in the conference room. Bring training plans and questions on how the NOSC can help you achieve required training for your units.

2. **LEADERSHIP COURSES:** All weekend Leadership Courses have been CANCELED except for LPOLC (E-6) courses starting in the beginning of March. A rescheduling plan is being drawn up.

SUPPLY

SK1 SCHORY

SK3 PAGAS

1. **BERTHING:** All units have "Supply Contact Petty Officers" (SCPO).

a. On drill weekends find your contact to sign the berthing sheet for the up coming drill weekend.

b. If you do not sign the sheet on drill weekend, email your Contact Petty Officer listed below to request berthing prior to the up coming drill weekend.

*Below are each unit's SCPO at this time. If there are any changes to the list or can not reach these contacts, call SK3 Pagas at (559) 998-3752.

VTU CDR Kelly
CHINHAE SK2 Pena

shaun.kelly@navy.mil
felix.pena@navy.mil

CART	SK2 Ducan	smdunc@sbcglobal.net
NR NSW	BM2 Schubert	shawnnavy@yahoo.com
NR NSF	MA3 Wong	mervin36@comcast.net
VRF 125	YN1 Arnoldussen	ryan.arnoldussen@navy.mil
ATSUGI	SK2 Lux	cecilia.lux@navy.mil
NPSTRU	SK1 Tetrault	tertatro@hotmail.com
NCFSU	BU3 Showalter	cbvet72@gmail.com
OHSU	HMC Escobedo	edgar.escobedo@navy.mil

***During fog season the BOQ/BEQ does get full, when this happens some of you will be sent to the Navy Lodge here on base (located behind the NOSC).**

***If you signed up for a room and no longer need it, you are responsible for cancelling the reservation by calling the BOQ/BEQ at (559) 998-4609.**

2. UNIFORMS: If you are expecting uniforms and would like to pick them up before drill weekend, you can contact SK3 Pagas to ask if your items have come in.

MEDICAL

HM1 VALDEZ HM3 MANZANO

1. PHYSICALS & DENTAL EXAMS: In order to facilitate patient flow, the following units with members requiring Preventative Health Assessments and dental exams shall report to **NAVOPSPTCEN Lemoore** and obtain medical records at the following times:

Saturday, 6 January 2007

0800 - CART/NSF/NSW/NAF ATSUGI

0900 - NPSTRU/NCFSU/NCTP

1000 - CHINHAЕ/VТУ/OSHU DET C

Members requiring immunizations shall report to the Medical department at 1300 on **Saturday or Sunday**. Immunizations will **not** be given before this announced time.

2. IMMUNIZATION: Medical has received the 2006-2007 Flu season immunization. All members are required to take the influenza immunization, regardless of the last time the member has received it. The Medical office in the center is open for immunization at 1300 Saturday and Sunday. We currently have the Flumist immunization, which is administered through the nose. If you have any questions regarding immunizations or with the Medical department please contact HM3 Manzano.

3. HAIL: Welcome aboard HM1 Valdez. We hope that your tour will be an enjoyable one! *Your Medical Team!*

CAREER COUNSELOR

1. UNIT CAREER COUNSELORS: CMS is up and running for all Aviation rates. Please assist our IAP sailors in utilizing CMS to find billets. CMS runs exactly like JASS, if you have any questions in regards to CMS, please contact me for assistance.

In addition, it is very important that you all attend this drill weekend's meeting, at 1300 on 6 January 2007. At the meeting I will attempt to authorize each unit Career Counselor CIMS access.

Funeral Honors Detail

Participating in the Navy Operational Support Center's Funeral Honors Detail can be a rewarding experience as well as the sense of pride you will receive by providing our veterans with honors.

The Funeral Honors Detail consists of at least three service members. One member plays taps on the bugle and the other two fold the American flag from the casket and present it to the family.

As part of the funeral honors detail you will also be compensated for your honor and commitment. You will receive one retirement point and a funeral honors detail allowance of \$50.00; less federal and applicable state income tax.

If you are interested in volunteering or have any questions regarding the funeral honors detail the POC is HM3 Manzano.

MISC

1. **SPECIAL ONE TIME TAX CREDIT ON YOUR 2006 TAX RETURN:** When it comes time to prepare and file your 2006 tax return, make sure you don't overlook the "federal excise tax refund credit." You claim the credit on line 71 of your form 1040. A similar line will be available if you file the short form 1040A.

What is this all about? Well the federal excise tax has been charged to you on your phone bill for years. It is an old tax that was assessed on your toll calls based on how far the call was being made and how much time you talked on that call. When the phone companies began to offer flat fee phone service, the federal courts ruled that the excise tax should and could not be assessed.

The IRS has now conceded this argument. Phone companies have been given notice to stop assessing the federal excise tax as of 30 August 2006. You will most likely see the tax on your September cutoff statement, but it should NOT be on your October bill.

The IRS established limits on how BIG a credit you can get:

a. If you file your return as a single person with just you as a dependent, you get to claim a \$30 credit on line 71 of your 1040.

b. If you file with a child or a parent as your dependent, you claim \$40.

c. If you file as married with children, you claim \$50 if one child, \$60 if two children.

d. In all cases, the most you get to claim is \$60 - UNLESS you have all your phone bills starting AFTER Feb 28, 1993 through 31 July 2006 (do not use any bills starting 1 Aug 2006), then you can add up the ACTUAL TAX AS IT APPEARS ON YOUR BILLS AND CLAIM THAT FOR A CREDIT.

For more information go to <http://www.snopes.com/business/taxes/excise.asp>

2. **CMEQ:** On Monday, January 15, the nation will mark the 76th anniversary of the birth of Dr. Martin Luther King, Jr. Even though nearly four decades have passed since his death, Dr. King remains relevant. His words and actions still inspire us, and his legacy lives on.

This year the King holiday will be celebrated on January 15, 2007. The theme of this years' holiday is Remember! Celebrate! Act! A Day On, Not A Day Off!

After a difficult and lengthy internal conflict, Congress enacted and President Ronald Reagan signed a bill into law making the third Monday of January a national holiday celebrating the birth and life of Dr. Martin Luther King, Jr. Fifteen years after Dr. King's death the first national celebration of Martin Luther King Day was January 20, 1986. January 20, 2006 marks the 20th annual Dr. Martin Luther King, Jr. Holiday and also commemorates the 143rd anniversary of the Emancipation Proclamation (January 1, 1863).

3. **GRAND OLD FLAG CUSTOM:** Old Glory has been our nation's symbol for more than two centuries. The country's colors fly everywhere, high above the Capital dome and on front porches along suburban streets.

Try answering these questions about Old Glory. (Continued from last month)

6. What is done with worn or outdated flags?

7. The American flag first flew over a foreign fort in what country?

8. A vexillologist is a expert in what?

9. "Shipwreck" Kelly (1885-1952) was famous for sitting for long periods of time. What did he have to do with flags?

10. The United States has one of the oldest national flags. Which countries have older flags?

Answers:

6. Flags are used until they are worn out and then they are destroyed, preferably by burning.

7. Libya, over Fort Derne, on the shores of Tripoli.

8. The history of flags.

9. "Shipwreck" Kelly set many flagpole-sitting records. HE sat for 49 days on one flagpole.

10. Austria, Denmark, Great Britain, Netherlands, Sweden, and Switzerland.

4. **PRIVACY ACT POLICIES:** Access to Information Compiled in Reasonable Anticipation of a Civil Proceeding

An individual is not entitled under SECNAVISNT 5211.5D to access information compiled in reasonable anticipation of a civil action or proceeding.

The term "civil action or proceeding" includes quasi-judicial and pre-trial judicial proceedings, as well as formal litigation

This instruction does not prohibit access to records compiled or used for purposes other than litigation, nor does it prohibit access to systems of records solely because they are frequently subject to litigation. The information must have been compiled for the primary purpose of litigation.